

Aaron K. Potratz, LPC MA CCTP CAD-C-I

Discover Counseling

7175 SW Beveland St., Suite 105 | Tigard, OR 97223

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Supervision Professional Disclosure Statement

Philosophy & Approach: My approach to supervision is based on a mutually respectful and professional relationship utilizing a developmental and integrated model of supervision, to help supervisees grow in their professional life to better serve their clients. The work is largely an exploration and development of the supervisee's own individual therapeutic orientation, counseling style, and professional identity. The general areas of focus include working to increase competence in major clinical domains of supervisee's professional behaviors: counseling skills, personal growth and awareness, case conceptualization, screening and assessment, diagnostic evaluation, treatment planning, ethical and legal issues, multicultural and diversity considerations, record keeping, and termination. I will assume supervisory roles including teacher, counselor, consultant, and evaluator to facilitate this process.

Audio and videotapes, live observation, and case report are all utilized in the supervision process. I consider intentionality to be paramount in work as a counselor. As such, she works with supervisees to become aware of the thoughts and feelings that occur with respect to the counseling relationship and process. Facilitating this awareness, including attention to the motivation behind interventions, is an important aspect of my work as supervisor.

Professional Credentials & Education: Certified Clinical Trauma Professional, International Association of Trauma Professionals, 2015; Licensed Professional Counselor (#C2453), Oregon Board of Licensed Professional Counselors and Therapists, 2010; Certified Alcohol & Drug Counselor-Level I (#10-12-68U), Addiction Counselor Certification Board of Oregon, 2008; Master of Arts in Marriage & Family Therapy, George Fox University, 2007.

Clinical Experience: I have been a practicing clinician since 2007 and work from systems-oriented, contextual, emotionally-focused, and trauma-informed theoretical perspectives. I have specialized training and experience working with couples and relationship issues, substance abuse and dependence, food and sexual addictions, domestic abuse, trauma and PTSD, and other anxiety, depression, and relationship issues. I am experienced working with adolescents aged 12 and older, teens and young adults, couples and families, and groups.

Training & Experience in Supervision: I have completed 30 hours of clinical training in supervision with Dr. Lisa Aasheim from Portland State University in 2015. I understand the value and importance of maintaining and enhancing professional skills, and regularly participate voluntarily in supervision from a Board approved supervisor for my supervision. I will inform supervisees through informed consent as to the purpose of my own supervision and that their actions may be discussed with the supervisor.

Confidentiality: I am aware of the responsibility I have to supervisees and the clients in the supervisee's care. The general limits of confidentiality and privileged communication are when harm to self or others is clear and imminent, when child abuse, elderly abuse or abuse of persons with disabilities is suspected, or if court proceedings compel the supervisor to testify. Within the academic setting, confidentiality is

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not withheld if there is compelling evidence that the supervisee is impaired or unable to provide competent counseling services. In such instances, other faculty members are informed and the procedures established by the program are initiated. I carry professional liability insurance and require my supervisees to carry insurance as well.

Fees: No fees are charged if supervision occurs within the academic setting and as part of the supervisee's graduate training. For post-master's supervisees, my fee is \$100 per supervision hour.

In Case of Emergency: Supervisees are provided with my office address, email address, and personal cell phone numbers. Supervisees are asked to call me at home if an emergency occurs after hours. I also provide each supervisee with the names and phone numbers of agencies that respond to crisis situations.

Code of Ethics: I follow the NBCC Code of Ethics and the Standards for the Ethical Practice of Clinical Supervision, the Code of Ethics of the American Counseling Association, the Addition Counseling Board of Oregon, and the Oregon Board of Licensed Professional Counselors and Therapists Code of Ethics. I provide a copy of these ethical codes to all supervisees.